



National Alliance on Mental Illness

Metropolitan Baltimore

Connection Support Group for Young Adults



NAMI Connection Support Group is a free, peer-led support group for young adults living with a mental health condition. Gain insight from hearing the challenges and successes of others.

NAMI's support groups are unique because they follow a structured model to ensure you and others in the group have an opportunity to be heard and to get what you need. Peer facilitators encourage empathy, guide productive discussion and foster a sense of community.

Attend the Support Group

Open to any individual age 18-39 who is living with a mental health condition.

Every 2nd & 4th Wednesday
6:00-7:30pm

Johns Hopkins Bloomberg
School of Public Health
615 N. Wolfe Street—Room
W2205,
Baltimore, MD 21205

Learn More

To learn more about the support group or upcoming programs for individuals and families affected by mental illness, please contact our HelpLine at (410) 435-2600.

NAMI Metropolitan Baltimore, an affiliate of the National Alliance on Mental Illness, is dedicated to improving the lives of people living with mental illness, their families, and communities through education, support and advocacy.

6600 York Road, Suite 204
Baltimore, MD 21212
HelpLine: 410-435-2600
Email: volunteer@namibaltimore.org



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